Welcome to Alcoholics Anonymous!



We're glad you're here! This Newcomer Packet contains links to resources that will be helpful to you as you get to know us.



Find Meetings:

Meetings are where we find and share the message of recovery through AA's Twelve Steps, where we learn from hearing other people's experience, strength, and hope, and where we begin to form important bonds of fellowship. Meetings are going on in almost every city or town, at any time of day. You can find regularly scheduled meetings and/or virtual meetings in Suffolk County through Suffolk Intergroup's Meeting Finder here. You can also find meetings through Meeting Guide, an app available through Google Play or the Apple App Store. The Suffolk Intergroup 24-hour hotline is 631-669-1124.



"The Big Book"

Alcoholics Anonymous, nicknamed "The Big Book," is the basic text of AA. The Big Book outlines the program of recovery through the Twelve Steps and contains the personal stories of recovered alcoholics from all walks of life. You can order a copy of the Big Book for \$9.95 here, or read it for free online in PDF format here. The Big Book is also available as a free audiobook or as a video in American Sign Language.

Learn More About AA:

You may have many questions as you step into AA. You may find some of the pamphlets below, which are available for free online, very helpful in answering them. These and many other pamphlets are available at AA.org, along with other AA literature.

AA At a Glance

Frequently Asked Questions About AA

Is AA for You?

Do You Think You Are Different?

This is AA

Problems Other Than Alcohol Questions and Answers on Sponsorship

"Thus, we grow, and so, can you" Alcoholics Anonymous page 162.

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