



🕯️ Grief During the Holidays 🕯️

A Gentle Gathering for Reflection and Support

Available In-Person & Online

 Saturday, December 13, 2025

 9:00 AM – 11:00 AM EST- location is: Great Room

 In-Person: Robert Reid Recreation Center – NSYL


 Address: 1 Defense Hill Rd, Shoreham, NY


Zoom Mtg ID #93264505176, PWD: 713704

The holiday season can stir deep emotions for those experiencing loss. This event offers a safe, welcoming space to reflect, share, and find comfort — whether you join us in person or from home.

What to Expect:

- Gentle conversation
 - Speaker(s)
- Quiet moments for remembrance
- Resources for coping with grief
- Light refreshments (in-person) and virtual support

 Free and open to all *****

 Contact: EB DCM 111 cell 641-804-40477

Presented by District 111 & Suffolk County General Service

